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January 24-80, 2025

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ON FOX & CBS **SEE PAGE 10**





CHECK OUT THE GREAT COUPONS FOR VINCENZO'S LITTLE ITALY II • SEE PAGE 4



IN NORTH WILDWOOD • SEE PAGE 6



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The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

Across

- 1. All the rage
- 4. Kind of rock
- Concept embodying yin and yang
- 11. Farm animal
- 12. Diner's card
- 13. Red-and-white supermarket logo
- 14. Dodges, as an obligation
- 17. Word before and after "oh"
- 18. Show broadcast from 30
- Rock
 19. Six-stringed instrument
- 21. Red coin?
- 24. Popular
- 25. Grp. that includes Belgium and Bulgaria
- 26. Spin doctor's work: Abbr.
- 27. "White death": Abbr.
- 28. Communicate silently
- 30. "Insecure" creator/lead Rae
- 32. "And I Love ____
- 34. That girl in "That Girl"
- 35. All-star Yankee reliever in the late '70s
- 41. Slip in a pot
- 42. Rig
- 43. Best-liked, in texts
- 44. Patriot's org.
- 45. Roman wrap
- 46. Apply

Down

1. Cut

- 2. Get behind
- 3. Two little words
- 4. "I'll second that"
- 5. Cartoon collectible
- 6. Flaction wines
- 6. Election winners
- 7. Couples
- 8. Sir or madam
- 9. "Give it _ __!"
- 10. Lout
- 15. Soup crackers
- 16. Frees
- 19. Bigwigs
- 20. Cross letters
- 22. Clears as profit
- 23. Marching band member
- 29. Macabre being
- 31. Mix-up
- 33. Staff symbol
- 34. Where Bhutan is
- 35. Pink lady ingredient
- 36. Gut reaction?
- 37. Washington, e.g.: Abbr.
- 38. "r u kidding?!"
- 39. Beetle juice?
- 40. Apple picker

Schulon:

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HOROSCOPE

JANUARY 23 - JANUARY 29, 2025

ARIES (Mar. 21- April 20)

A sudden spark of inspiration could lead to exciting opportunities this week. Be mindful of impulsive decisions, especially in your relationships. Focus on collaboration to maximize your success.

TAURUS (Apr. 21- May 21)

You'll find comfort in routine, but a small disruption may pave the way for growth. Take time to reassess your priorities and invest in self-care. Financial matters may require extra attention.

GEMINI (May 22-June 21)

Communication is your superpower this week, so use it to mend fences and foster connections. A creative project or new idea could take flight if you trust your instincts. Balance your social and personal time to avoid burnout.

CANCER (June 22-July 22)

Your home life will demand attention, but the effort will bring lasting harmony. A financial or career breakthrough may be just around the corner—stay focused and persistent. Trust your intuition in navigating emotional situations.

LEO (July 23-Aug 22)

A lively week awaits as your charisma draws people to you. Opportunities for travel or learning could broaden your horizons. Don't let pride stand in the way of asking for help when needed.

VIRGO (Aug. 23 -Sept. 23)

You may feel the urge to declutter and organize your life, both physically and emotionally. Be cautious with your spending, as unexpected expenses might arise. This week is ideal for nurturing your well-being and grounding yourself.

LIBRA (Sept. 24 -Oct. 23)

5

Relationships are at the forefront, with chances to deepen bonds or resolve conflicts. A creative partnership or group endeavor could prove rewarding. Focus on finding balance and harmony in all interactions.

SCORPIO (Oct. 24 - Nov. 22)

Your determination to meet your goals will be unshakable, but don't overwork yourself. An unexpected opportunity could arise in your career—stay open and adaptable. Use your natural intensity to foster meaningful connections.

SÁGITTARIUS (Nov. 23 -Dec. 21)

Adventure and optimism will guide you as you explore new ideas or ventures. A social event or reunion may bring joy and unexpected opportunities. Stay mindful of your energy levels to maintain momentum.

CAPRICORN (Dec 22.- Jan. 20)

This week is ideal for tackling long-term plans with discipline and focus. A personal revelation might inspire changes in your relationships or lifestyle. Take time to appreciate small victories and rest when needed.

AQUARIUS (Jan. 21 -Feb. 19)

Your innovative ideas could inspire others and open doors for collaboration. Social connections may bring unexpected surprises or insights. Balance your forward-thinking nature with a practical approach to achieve your goals.

PISCES (Feb. 20-Mar. 20)

Your intuition will guide you through a week of emotional depth and creativity. Reflect on your dreams and use them as a source of inspiration. Avoid overextending yourself; prioritize rest and self-care.















Volunteers in Medicine and Cape May County Department of Health Present a FREE Day of Medical Care

Un Día Gratís de Cuido de Salud



Friday January 24, 2025 12:00pm to 5:00pm Viernes, 24 de Enero 2025 12:00pm a 5:00pm

Registration begins at 11am
Wildwoods Convention Center

El registro comienza a las 11am Centro de Convenciones de Wildwood Mas Información:



More Information: (609) 463-2846 info@vimsj.org Mas Información: (609) 778-2706 info@vimsj.org

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- · Recursos de salud del condado
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And much, much more! Y mucho más!

All are welcome but priority will be given to the uninsured.

Todos son bienvenidos pero se dará prioridad a los no asegurados.











Wildwoods

Free Health Screening Day Friday, January 24

Are you uninsured or have no regular access to care? Volunteers in Medicine and the Cape May County Department of Health present a Free Day of Care from 12-5 p.m. at the Wildwoods Convention Center. Get checked for Diabetes and Cholesterol. Find out about free cancer screenings. Speak with a doctor. Get your eyes checked. Free lunch and so much more. All are welcome. 609.463.2846 or vimsj.org

FreeZa PoLooZa BEEF & BEER - 2025 (Genny Farnan Robinson Memorial) Saturday, January 25 at the Bolero 3320 Atlantic Avenue Wildwood

A night to come together supporting teachers in Cape may County with Mini Grants for non budgeted items and activities in their classroom.

LIVE MUSIC - FOOD - DRINKS Animal House & DJ Dramatic (aka Mike Dempsey)-50-50 (you win it, you keep it, Fifty-Fifty as you can't give it back!-Live Auctions with great items-Great door prizes! This is a fun night to come out, hang out, and make new friends. www.WildwoodFunFest.com







FRI, JAN 24
7:00PM + NBCSP
@ CHICAGO BULLS
SAT, JAN 25
8:00PM - NBCSP
VS LOS ANGELES LAKERS
TUES, JAN 28
7:30PM - TNT/MAX
VS SACRAMENTO KINGS
WED, JAN 29
7:30PM - NBCSP







Tabernacle UMC - 702 Seashore Rd January 25 9am - Budgeting for What Matters Most Workshop - Glen Stewart - Thrivent With the "Budgeting for What Matters Most" workshop you'll learn facts and tips to help you make more informed and intentional choices about how you use your money. In this workshop you'll discover: the importance of protecting your most valuable assets, explore your values and how they affect how you spend and save, and gain perspective on saving for retirement.

BEER CAN APPRECIATION DAY FRIDAY, JANUARY 24

Beer Can Appreciation Day recognizes the great day in 1935 when beer was first sold in cans. This day provides people with the opportunity to enjoy and appreciate the many different kinds of beer cans. Around the world, collectors seek rare, novel, and unique varieties. A collector may have hundreds of beer cans in many different sizes, types, and ages.

NATIONAL CHOCOLATE CAKE DAY MONDAY, JANUARY 27

National Chocolate Cake Day celebrates the cake more people favor. The first boxed cake mix was created by O. Duff and Sons in the late 1920s.











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APPETIZER SPECIALS 4-6P

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FRIDA	Y EVE	NING									JANU	ARY 24	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	(5:00) PGA	Tour Golf			NCIS: Sydr	ney	Fire Count	ry "I Do"	S.W.A.T.		News (N)	(:35) Colbe	rt
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Shark Tank	(N)	20/20				News (N)	(:35) J. Kim	mel
10-NBC	News (N)	NBC News	News (N)	Hollywood	Figure Ska	ting U.S. Ch	nampionship	s: Women's	Free Skate	(N) (Live)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Penn (N) (S	SP)	Masters of	(N) (SP)	Action Nev	vs at 10 (N)	Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Father	(:45) Midso	mer	Midsomer	Murders	School	NJ Spotl	One on O	Newsline
29-FOX	News (N)	Eagles	Extra (N)	TMZ (N)	Basketball	Michigan at	Purdue (N)	(Live)	News (N)	•	News (N)	Phantastic	Extra (N)
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime (N)	FamFeud	FamFeud	Neighbor	Neighbor	Conners
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ESPN	SportsCen	ter	SportCtr	NHL Hocke	y Vegas Go	lden Knight	s at Dallas S	Stars (N)	X Games A	Aspen 2025	(N) (Live)		
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SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

6 7 3 9	
9	
	4 2 5

CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE

MARYLAND STYLE CRAYFISH CAKES

INGREDIENTS:

- 1 lb Fresh Crayfish (Cooked, Peeled & Deveined)
- 1/4 cup Mayonnaise
- · 2 oz Boursin Cheese
- · 1 Tbsp Dijon Mustard
- · 2 Large Eggs
- 1/4 tsp Worcestershire Sauce
- · 1 Tbsp Old Bay Seasoning
- · 1 tsp Celery Seeds
- · 1 Tbsp Fresh Chopped Chives
- · Fresh Cracked Black Pepper to Taste
- · 1/4 1/2 cup Bread Crumbs
- · Oil for Pan Frying



PREPARATION:

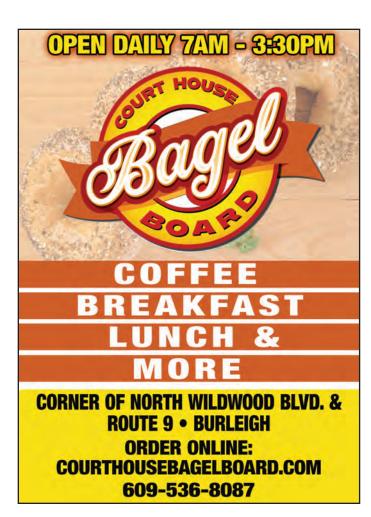
Whisk all ingredients except crayfish and bread crumbs together. Roughchop half the crayfish. Fine chop the other half. Fold into bowl mixture with bread crumbs. Refrigerate for 2 hours. Place a sheet of parchment paper in a sheetpan. Use a 2 - 4 oz scoop to measure out cakes onto sheet pan. Shape into cakes by hand. In a saute pan, sear cakes gently on each side in hot oil. Place cakes on parchment. Bake in a preheated 350° oven until cooked through. Serve with a nice remoulade or tartar sauce. Enjoy!



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Heisman Trophy Winners

By Alex Hendry

Questions:

- 1) Travis Hunter took home the 2024 Heisman Trophy, but he wasn't the first Colorado Buffaloes player to do so. Who was the first?
- 2) While Travis Hunter played impressively on both offense and defense this season, who was the first pure defensive player to have won the Heisman?
- 3) Which multi-sport professional athlete won the Heisman Trophy in 1985?
- 4) Who holds the distinct record of being a Heisman Trophy winner and being the all-time winningest head coach at two separate SEC schools?
- 5) Dillon Gabriel came close to winning the Heisman this season, but only one Oregon Ducks quarterback has done so. Who
- 6) Viewed as an undersized quarterback in his era, which Heisman winner went on to have a successful on-field career in the USFL, CFL and NFL?

- 7) Who is the only player in college football history to have received the Heisman Trophy in consecutive seasons?
- 8) Which Heisman Trophy winner was formally stripped of his award only to have it reinstated on April 24, 2024?
- 9) The Florida State Seminoles have had three quarterbacks win the Heisman. Charlie Ward was the first and Jameis Winston was the third who is the middle quarterback in this trio?
- 10) Name the two-time Super Bowl-winning quarterback who won the Heisman Trophy then served in the U.S Navy prior to his NFL career.

1975) 8) Reggie Bush (2005) 9) Chris Weinke (2000) 10) Roger Staubach (1963)

4) Steve Spurrier (1966) 5) Marcus Mariota (2014) 6) Doug Flutie (1984) 7) Archie Griffin (1974 and

3) Bo Jackson (1997)

Answers:





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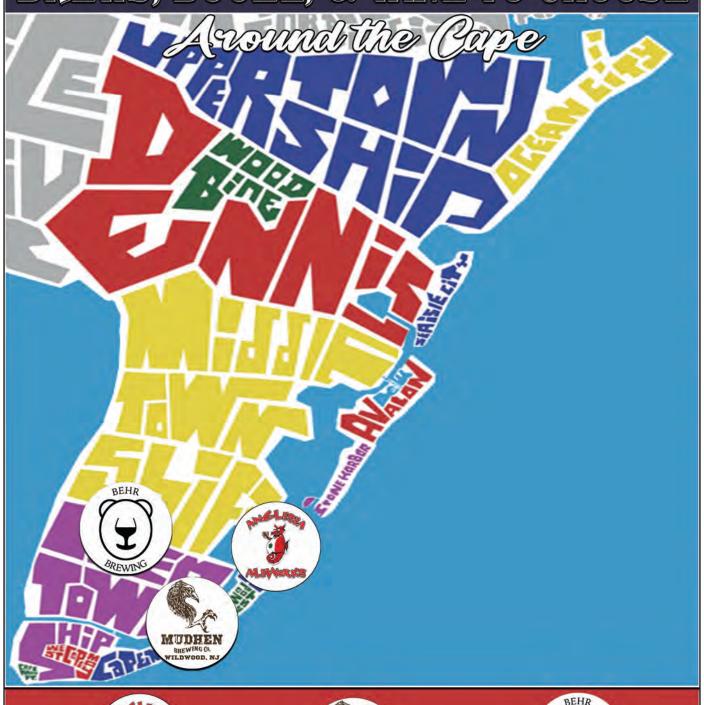
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ANGLESEA ALEWORKS 3401 NEW JERSEY AVE WILDWOOD OPEN WED-SUN



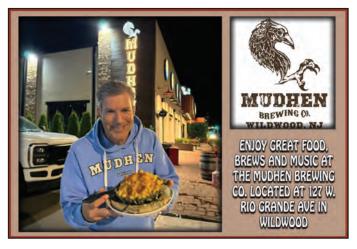
MUDHEN BREWING CO 127 W RIO GRANDE AVE WILDWOOD OPEN DAILY



BEHR BREWING 513 SEASHORE RD CAPE MAY OPEN DAILY













OVER 1,000 BRAVE FOLKS TOOK APLUNGE IN THE ATLANTIC IN WILDWOOD ON SATURDAY, JANUARY 18TH AND HELPED RAISE OVER \$355,000 FOR SPECIAL OLYMPICS



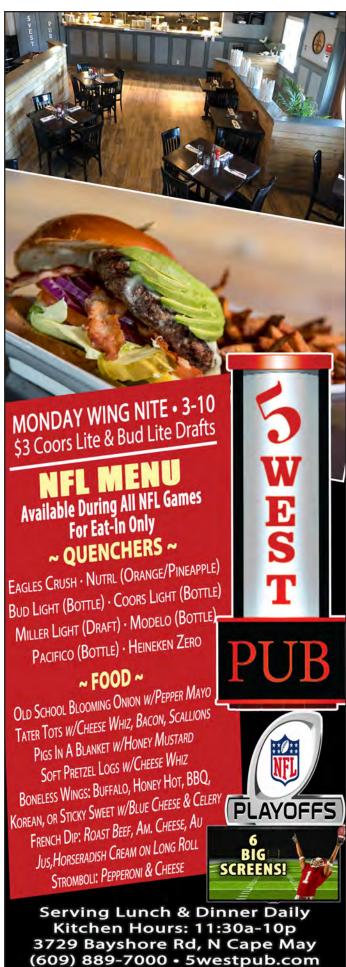
SATU	RDAY	AFTEF	RNOON								JANU	ARY 25	5, 2025
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Hope-Wild	Paid Prog.	H2O X5	Basketball	College Ba	sketball Mi	chigan State	at Rutgers	(N) (Live)	PGA Tour	Golf		
6-ABC	JackHanna	Hearts of	X Games A	spen 2025	(N) (Live)		NBA (N)	Basketball	Denver Nu	gets at Min	nesota Timb	erwolves	Basketball
10-NBC	Wild Child	Paid Prog.	Alp. World	Cup	IMSA Weat	herTech	Skating U.	S. Champior	nships: Free	Dance (N)	Horse Rac	ing	
17-MNT	ACCwe	Basketball	SMU at NC	State (N) (L	ive)	Basketball	Boston Coll	lege at North	n Carolina (N	l) (Live)	Friends	Friends	Friends
23-PBS	(10:30) Ya	Classical F	Rewind		Just One T	hing		Homema	Sara's	Milk	Taste	Darley	State-Aff
29-FOX	LifeLock	Prostate	Basketball	Georgetowr	n at Provider	nce (N)	Hoops (N)	Basketball	New Mexico	at UNLV (I	N) (Live)	Hoops (N)	Basketball
57-CW	Relief	To Be Ann	ounced	Basketball	Fayetteville	State at Cla	aflin (N)	HBCU Go	Basketball	Fayetteville	State at Cla	aflin (N)	Gallen of
A&E	Lakefront	Oceanfront	Oceanfront	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage
AMC	ቻ★★ Red ('10) Morgan	Freeman, E	Bruce Willis.		ቻ★★ Red 2	2 ('13) John	Malkovich, E	Bruce Willis.		ç×⋆★ Gla	diator Russ	sell Crowe.
CNN	(11:00) Ho	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)
DISC	(11:00) Big	Expedition	Bigfoot	Expedition	Bigfoot	Expedition	Bigfoot	Expedition	Bigfoot	Expedition	Unknown	Expedition	Unknown
DISN	Ladybug	쁏★★ Uglyl	Dolls ('19)		çxxx Mul	an ('98) Mir	ng-Na Wen.	(:05) Bluey	(:35) Bluey	Kiff	Kiff	Kiff	StuGo
ESPN	(11:00) Ga	Basketball	Indiana Pad	ers at San A	Antonio Spui	rs (N) (Live)	Basketball	Kentucky a	t Vanderbilt	(N) (Live)	Basketball	Duke at Wa	ake Forest
ESPN2	(9:30) Aust.	Open	Basketball	Pittsburgh a	at Syracuse	(N) (Live)	Basketball	Texas A&M		, ,		Baylor at U	tah (N)
FNEWS	(11:00) Fo	Fox News	(N) (Live)	Fox News	(N) (Live)	Fox News	(N) (Live)	Journal (N) (Live)	Fox News		The Five	
FX	(10:00) ♀ Pir	ates of the C	aribbean:	뿟★★ Pirate	es of the Ca	ribbean: D	ead Man's (Chest ('06) J	ohnny Depp).	Pirates of	the Caribbe	an: At Wo
HBO	Gemston	(:25) Gems	tones	Gemston	Gemston			Gemston		(:25) Gems		(:05) Real ,	
	(11:00) Cnt			Counting C				Auction "So		,	'	·	, , ,
	(11:00) La			Law & Ord		Law-SVU "	Sanctuary"	Law & Ord	er: SVU	Law-SVU "	Mood"	Law & Ord	er: SVU
1	· / /		♥ Death Sa		` '		Millan Pres	ents: Tempt				. ,	
	(10:45) 뜻★>			. ,	A Star Is E	. ,		(:20) The K		(:20) The K		(:15) The K	
	Paid Prog.		Benny vs.					Princeton (N)	` '	Poker	Poker	College Ba	
NICK	, , ,		aby 2: Fam	,	` '	뜻★★ Hotel	l Transylvai	nia: Transfo			•	2 ('13) Stev	
PARMT	Movie		The School			, , ,		er Part II ('1	,	. ,	The Hangov	er Part III (13)
	The Joe So		**	•	t ('12) Jonah		, ,	22 Jump 9	, ,			Big Bang	0
		뿟★★ Ever	<u> </u>		(:45) ਼ਿ*★★★		, ,					e, All Amer	
	(11:00) NC						, ,	12) Martin F	· · ·		· / //		` '
USA	(10:00) So	Premier	9-1-1 "Pay	lt Forward"	9-1-1 "Abar	idon Ships"	IMSA Weat	therTech Sp	ortsCar Ch	ampionshi	p Rolex 24 a	at Daytona (I	N) (Live)

SATU	RDAY	EVENI	NG								JANU	ARY 25	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	(4:00) PGA	Tour Golf			NCIS "Hum	bug"	NCIS: Orig	ins	48 Hours (I	N)	News (N)	CBSNews	Equalizer
6-ABC	(5:30) NBA	Basketball			NBA (N)	Basketball	Los Angele	s Lakers at (Golden State	e Warriors	News (N)	News (N)	Jeopardy!
10-NBC	News (N)	NBC News	Philly Live	Paid Prog.	Saturday N	light's Main	Event (N) ((Live)	SNL (N)		News (N)	SNL (N)	
17-MNT	Mod Fam	Mod Fam	Big Bang	Big Bang	From Roge	er Moore Wi	th Love (N)		Action Nev	vs at 10 (N)	Philler	Delco Duo	Two Men
23-PBS	Reporters	Chat Box	Here's	State/Arts	Old House	Old House	Mary Berry	Mary Berry	Miss Frima	ın's War	Variety	The Porter	
29-FOX	(5:30) Wm.	Basketball	•	Hoops (N)	Basketball	Connecticu	t at Xavier (I	N) (Live)	News (N)		Special "Te	error"	Kelly
57-CW	SOS: How	to Survive	FamFeud	FamFeud	Law-SVU "	Taken"	NCIS "Brea	d Crumbs"	The Equali	zer	WOW - Wo	men (N)	Housewife
A&E	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage
AMC	(4:30) 👯★★	★ Gladiator	r Russell Cro	we.	뚯★★★ Inde	ependence	Day ('96) Bi	ill Pullman, V	Will Smith.		¥★★★ The	Fifth Elem	ent ('97)
CNN	CNN News	room (N)	CNN News	room (N)	Real, Bill N	laher (N)	Kobe "Part	1" (N) (P)	CNN Spec		Real, Bill N	laher 💮	Kobe
DISC	Expedition	Unknown	Expedition	Unknown	Expedition	Unknown	Expedition	Unknown	Expedition	Х	Expedition	Х	Expedition
DISN	StuGo	Big City	Big City	Big City	뿟★★ Hotel	Transylvar	nia 3 ('18)	(:45) StuGo	(:10) StuGo	Ladybug	Ladybug	Big City	Big City
ESPN	(4:30) Bas	Basketball	Houston at	Kansas (N)	(Live)	Basketball	Tennessee	at Auburn (I	N) (Live)	X Games A	spen 2025	(N) (Live)	
ESPN2	(4:30) Bas	Basketball	Notre Dame	at Virginia	(N) (Live)	Basketball	Oklahoma a	at Arkansas	(N) (Live)	Basketball	Cincinnati a	at BYU (N) (L	_ive)
FNEWS	Fox Report	t (N) (Live)	Weekend (N) (Live)	Life, Libert	y (N) (Live)	One Nation	ı (N) (Live)	FOX News	(N) (Live)	Gutfeld!		Weekend
FX	(4:30) 9 Pira	tes of the Ca	ribbean: At \	Norld's End	¥★★ Pirate	es of the Ca	ribbean: O	n Stranger	Tides ('11)		ç⊹★★ Bulle	t Train ('22)	Brad Pitt.
HBO	(:05) ਼ਿ*★★★	Scott Pilg	rim vs. the \	World ('10)	¥ Your Mo	nster ('24) (P)	(:45) ਼*★★ (Ghosts of G	irlfriends F	Past ('09)	♀ She's Ou	t of My Le
HIST	(2:00) Barre	ett-Jackson	"Scottsdale	January 20	25 Super Sa	turday Day	5" (N) (Live)		Barrett-Jac	kson Live	Auction (N)		Auction
ION	Law & Ord	er: SVU	Law & Orde	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law-SVU "	Intent"	Law & Ord	er: SVU	Law-SVU
Œ	☆ Mary J. E	Blige's Stre	ngth of a W	oman ('23)	nary J. E	Blige's Fam	ily Affair ('2	5) (P)	(:05) % Terr	y McMillan	Presents: I	orever	Movie
MAX	(:10) The K	nick	(:05) The K ı	nick	The Kill The Kil	Team ('19) N	Nat Wolff.	ਝ਼±±± Dre	eam Scenari	i o ('23)	(:10) 뽯★★	Beowulf ('07	7)
NBCSPA	(5:00) Bask	etball	Birds	Sixers (N)	Basketball	Philadelphia	a 76ers at C	hicago Bulls	(N) (Live)	Sixers (N)	(Live)	Brewing	Birds
NICK	뿟★★ Desp	icable Me 3	('17) Steve	Carell.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT	Movie	(:35) ਼ਿ*★★	The Hangov	er Part II ('1	11) Bradley (Cooper.	਼ਾ਼±⋆ The I	Hangover P	art III ('13) B	Bradley Coop	oer.	School c	f Rock
TBS	Big Bang	Big Bang	Big Bang	Big Bang	₹★★★ The	Wedding S	Singer ('98)		ç∗∗∗ Gar	ne Night ('1	8) Jason Ba	iteman.	∯ Boss
TCM	(:15) %★ Th	ne Split ('68)	Jim Brown.		ç±★ The V	Wild North ('52) Stewart	Granger.	਼ਿ*★★ Rose	Marie ('54)	Ann Blyth.		Movie
TNT	(4:45) 👯★★	★ Transfor	mers ('07)		All Elite Wi	restling: Co	llision (N) (Live)	ç××× The	Hunger G	ames ('12) J	ennifer Law	rence.
USA	(2:30) IMSA	Chrisley	9-1-1 "Rock	the Boat"	Figure Ska	ting			9-1-1 "Caps	sized"	9-1-1		9-1-1

SUND	AY AF	TERNO	OON								JANU	ARY 26	6, 2025
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Kickoff	College Ba	sketball Ma	ryland at Ind	diana (N) (Li	ve)	PBR Bull F	Riding	Paid Prog.	New to the	U.S.	Inside Ed.	GameTime
6-ABC	Inside	Action Nev	vs (N)	X Games A	spen 2025	(N) (Live)	l .			Tennis We	ek 2 (N)	FYI Philly	News
10-NBC	Issue (N)	IMSA Role	24 at Dayto	ona (N) (Live	e)	Wm. Bask	etball UCLA	at Maryland	d (N) (Live)	Figure Ska	iting		
17-MNT	Paid Prog.	Draft	LifeLock	1 Day Re	This Week	Basketball	Louisville a	t Virginia (N	(Live)	Friends	Friends	Philler	Sheldon
23-PBS	Think Tank	State-Aff	Samantha	Lidia	Milk	Kitchen	Christina	Just One 1	hing With S	Steven Gun	dry, MD	Home Coo	king
29-FOX	(11:00) TBA	NFL Cham	p. (N)	FOX NFL S	unday (N) ((Live)	•	Football W	ashington C	ommanders	at Philadel	phia Eagles	(N) (Live)
57-CW	Paid Prog.	WOW - Wo	men (N)	NBA G Lea	gue Baske	tball		Relief	WalkFit!	Fast: Hom	e Rescue	The Grand	Tour
A&E	(11:00) Zo	Zombie Fli	р	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	Florida	Florida	The First 4	8
AMC	(10:30) 👯 ★ 🤊	★★ The Fift	h Element (97)	뜻★★★ Ind	ependence	Day ('96) Bi	ill Pullman, \	Will Smith.		਼*★★★ Wo	rld War Z (13)
CNN	(11:00) Insi	State of Un	ion	Fareed Zak	aria GPS	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)
DISC	(11:00) Co	Contraban	d: Seized	Contraban	d: Seized	Contraban	d: Seized	Contraban	d: Seized	Homestea	d Rescue "E	Brown Bear-	anoia"
DISN	(11:00) % Ho	tel Transy	(:45) ਨੇ*★★★	Monsters,	Inc. ('01)		BigCity	BigCity	Big City	Big City	Big City	StuGo	StuGo
ESPN	(11:00) Sp	Sunday NF	L Countdo	wn (N) (Live)			Wm. Bask	etball Texas	at Ole Miss	(N) (Live)	Wrestling	Teams TBA
ESPN2	(9:30) Aust.	Open	ESPN BET	Basketball	Alabama-B	irmingham a	t Memphis	Wm. Bask	etball Baylor	r at TCU (N)	(Live)	Gymnastic	s (N) (Live)
FNEWS	(11:00) Me	Fox News	(N) (Live)	Fox News	N) (Live)	Fox News	(N) (Live)	Maria Bart	iromo	Fox News	(N) (Live)	Life, Libert	ty & Levin
FX	(10:30) १५★ 🥆	k★ Star Wa	rs: The Las	t Jedi ('17)		۲++ Star	Wars: The F	Rise of Sky	walker ('19)	Carrie Fishe	er.	਼ਿ±±± The	e Avengers
HBO	Gemston	Gemston	Gemston	(:20) Gems 1	ones	Gemston	Gemston	Gemston	Gemston	(:25) Gems	tones	(:10) Real ,	Bill Maher
HIST	,	Cars That "		The Cars T					hat Made A	merica "Pa	rt 3"	Mysteries	
ION	(11:00) NC	NCIS "Boor	n"	NCIS "Third	l Wheel"	NCIS "Frag	ments"	NCIS		NCIS "Frier	ndly Fire"	NCIS "Taili	ng Angie"
		∯ Mary J. E			` '			, ,	,	~	DILF ('23) S	,	
MAX		· / /			` '	~		(/	(:45) ਼ਿ*★★		• •	,	Movie
NBCSPA		Paid Prog.						at Drexel (N)	` '	•		ornell at Prin	
NICK	, , ,	★★ Despica		(:15) ਼ਿ*★★【	Despicable	Me 3 ('17) S	Steve Carell.	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB
PARMT	` '	Bar Rescu		Bar Rescu	-	Bar Rescu		Bar Rescu	-	Bar Rescu		Bar Rescu	е
TBS	, , ,	ame Night	**		• , ,			, ,	Anne Hathav			Big Bang	
TCM		뜻★★★ Rac						There Like	. ,			in Roof ('58	<i>'</i>
TNT	` ′	NCIS: New		뿟★★★ The		. ,						ames: Catcl	•
USA	Chrisley	Basketball	Duquesne a	at Fordham (N) (Live)	Soccer Fu	ham vs. Ma	nchester Un	ited (N)	Goal Zone	Chrisley	Law-SVU "	Persona"

SUND	AY EV	ENING									JANU	ARY 26	6, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		
3-CBS	NFL (N)	NFL Footb	all TBA at K	ansas City (Chiefs (N) (L	.ive)		TBA	Watson (N) (P)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Videos		Videos (N)	뜻★★ The F	Proposal ('0	9) Ryan Rey	ynolds, Sand	Ira Bullock.	News (N)	News	FYI Philly
10-NBC	News (N)	NBC News	਼ਿ±⋆⋆ Hov	w to Train Y	our Dragor	('10)	Dateline N	BC (N)			News (N)		Bensinge
17-MNT	Goldbergs	Goldbergs	਼ਿ±∗ Two '	Weeks Noti	ce ('02)		Whose	Whose	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Seinfeld
23-PBS	(5:00) Ho	U.SHoloc	aust		II Volo-Val	ley	ı.	The Everly	Brothers		Mary Berry	Just One T	hing
29-FOX	Postgame	Cars.TV	Burgers	Krapopolis	Simpsons	Universal	The-North	Krapopolis	News (N)		News (N)	Extra (N)	
57-CW	Heroes	Invest. (N)	FamFeud	FamFeud	CBS News	Sunday Mo	orning (N)	Paid Prog.	NCIS "Mon	ey Honey"	Neighbor	Neighbor	Conners
A&E	The First 4	8	The First 4	8	The First 4	8	The First 4	8	First 48 "Tr	ipped Out"	(:05) The F	irst 48	(:05) First4
AMC	(4:30) ♀ W c	rld War Z	਼ਿ*★★★ I Ar	m Legend (07) Will Smi	th.	Mayfair Wi	tches (N)	Sanctuary	A (N)	(:05) Mayfa	ir Witches	Movie
CNN	CNN News	room (N)	CNN News	room (N)	CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spe
DISC	Homestead	l "Between"	Two Volcano	oes" (N)	Homestead	d Rescue (N	1)		Homestead	Rescue	Harpoon F	lunters	Homestea
DISN	Big City	Big City	Big City	Big City	਼ਿ±±± Toy	/ Story 3 ('1	0)	(:50) Place	(:15) Place	(:40) StuGo	(:05) StuGo	Hamster &	Hamster 4
ESPN	(5:00) Wres	tling	X Games A	spen 2025	(N)			SportCtr	NFL (N) (Li	ve)	SportsC. (N) (Live)	SportCtr
ESPN2	(5:00) Gy	Fight Life	Fight Life	Inside (N)	Australian	Open Men's	s Champions	ship From M	lelbourne Pa	ırk in Melbo	urne, Victori	a, Australia.	World of
FNEWS	Fox Report	t (N) (Live)	Weekend (N) (Live)	Life, Libert	ty (N) (Live)	Sunday (N)) (Live)	Weekend		Life, Liber	ty & Levin	Sunday
FX	(5:00) 👯★★	★ The Aver	ngers ('12)		뜻★★★ Caj	otain Ameri	ca: Civil Wa	ar ('16) Robe	ert Downey C	lr., Chris Ev	ans.	♥ Doctor S	trange in t
HBO	(:10) ਼ਿ*★★ I	Keeping Up	With the Jo	oneses	뜻★★ Unch	arted ('22)	Tom Holland	l.	뿟★★★ Pris	soners ('13)	Jake Gylle	nhaal, Hugh	Jackman.
HIST	Mysteries	Unearthed	Mysteries	Unearthed	Mysteries	Unearthed	Mysteries	Unearthed	(:05) Myste	ries	(:05) Myste	eries	Mysteries
ION	NCIS		NCIS "The	Last Link"	NCIS "She	ı	NCIS		NCIS		NCIS		NCIS
CIFE	₱ Buried A	live & Surv	ived ('24) E	va Marcille.	Match, N Match M	leet, Murde	r ('25) (P)		(:05) ♀ I Tho	ught My Hu	sband's Wife	Was Dead	Movie
MAX	(5:40) ♀ Ev	erything Ev	erywhere A	II at Once	਼ਿ±⋆⋆⋆ A P	rivate War	('18)	(:50) ♀★★★	Ondine ('0	9) Colin Fa	rrell.	(:35) % The	Revenant
NBCSPA	Basketball	Northeaste	n at Monmo	outh (N)	College Ba	sketball De	laware at Dr	rexel	Go Racing	Brewing	Greatest	Poker	Poker
NICK	SpongeB	SpongeB	SpongeB	SpongeB	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT	Bar Rescu	е	Bar Rescu	е	Bar Rescu	е	Bar Rescu	е	Bar Rescu	е	Bar Rescu	ie	BarRescu
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Wipeout (N	1)	਼ਾ਼±⋆★ The I	ntern ('15) /	Anne Hatha	way, Robert	De Niro.
TCM	ቻ★★★★ H	ud ('63) Pau	l Newman.		ቻ★★★ Co	ol Hand Luk	ke ('67) Paul	Newman.	(:15) 뿟★★★	Nobody's	Fool ('94)		Movie
TNT	(4:00) ♀ Hun	ger Game	਼ਿ±±± The	Hunger Ga	mes: Mock	ingjay, Parl	t 1 ('14)	ਝ਼±±± The	Hunger Ga	mes: Mock	kingjay, Par	t 2 ('15)	Movie
USA	Law-SVU "	Transitions"	Law-SVU "	Ballerina"	Law-SVU "	Liberties"	Law-SVU "	Unstable"	Law-SVU "	Solitary"	Law-SVU '	'Spooked"	Law-SVU









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Drive With Confidence In Inclement Weather

Winter maintenance and inspection is crucial for safety," said Tony Molla, automotive repair expert with more than 40 years of experience. "I always recommend having a professional technician do a routine inspection and safety check of your vehicle before leaving town in the winter. "A trained eye can see things that may be problems on the road. And you don't want to get stranded away from home in wintery weather." Some of the items on Molla's list of recommendations:

1. Battery and charging system. Is your battery still at full charge? Cold temperatures deman-

more power to start your car, and winter conditions can accelerate the decline of a weakening battery. Now that we are a few months into winter, make sure your charging system and battery are functioning properly. Icy buildup or corrosion on terminals can affect power and charging.

2. Winter wiper blade replacement. Perhaps you already replaced wiper blades last summer, but heat and sunlight can reduce their effectiveness in winter. Do they chatter,

summer, but heat and sunlight can reduce their effectiveness in winter. Do they chatter, scrape or leave streaks? Prepare for the next storm by replacing front blades and the back blade on your SUV. Consider using winter blades designed for cold weather.

3. Tire gripping ability. According to Consumer Reports, tires lose their ability to grip in wintery conditions long before they appear worn out. Its tire tests showed decline in performance with half the tread still available, even for winter and all-weather tires designed for snowy conditions. Ask your service advisor to check tread depth if they are going to handle your next winter road trip.

4. Wheel alignment for steering. The freeze-thaw cycle of winter creates potholes and road cracks. Both can knock your vehicle alignment out of whack—a condition that damages tires and affects steering. If you haven't had one in a while get an alignment check before leaving town.

cracks, born can knock your vehicle alignment out or whack-a condition that damages tires and affects steering. If you haven't had one in a while, get an alignment check before leaving town.

5. Headlight beam alignment. Make sure your headlight beams are aimed in the right direction. Traveling over rough roads and deterioration of mounting components can cause the beams to skew and make seeing the road more difficult. The problem can reduce the amount of light on road surfaces and cause glare for other drivers.

6. Wiper fluid tank. Fill up with high-quality windshield wiper fluids. You can quickly go through a lot of windshield wiper fluid in a single snowstorm. Make sure your vehicle's reservoir is full of high-quality "winter" fluid win a single snowstorm. Make sure your vehicle's reservoir is full of high-quality "winter" fluid win delicer.

voir is full of high-quality "winter" fluid with de-icer.

7. Heating system review. Do the vehicle defroster, front and rear, operate efficiently? Check before going to wintery zones. Also, If your vehicle has been parked outside during storms, clear away debris and ice from vents to improve performance. Coolant life expectancy varies by driving conditions. Does your vehicle system need a routine flush and fluid replacement? Ask your advisor to check fluid level and condition to help prevent climate control problems.

8. Back-up camera and external sensors. Modern vehicles rely heavily on proper functioning of a myriad of high technologies and external sensors are particularly susceptible. Don't wait until you receive a sensor warning light. Use a microfiber or terrycloth towel and quick detailing spray to remove road grime, slush and snow.

9. Tire Pressure. Cold temperatures cause tire pressure to drop, causing a 1-2 PSI change for every 10°F shift. Properly inflated tires are crucial for maintaining control and stability on

winter roads. Regularly check and adjust tire pressure as needed.

10. Spare Tire. While most focus on the four main tires, the spare tire should not be overlooked. Ensure that it is in good condition, properly inflated and has adequate tread. A well-maintained spare can be a lifesaver in emergency situations.



Cape May County Airport Town Bank Lower Township

Anglesea

Wildwood

Wildwood Crest

1. Holland's Auto Repair 6700 New Jersey Avenue Wildwood Crest • 609-522-9241

> 2. Offshore Getty Florida & Bayshore Road Villas • 609-886-5270

3. John's Auto Body 105 Fulling Mill Road Villas • 609-886-5765

4. Frank's Auto Tech 1106 South Route 9 CMCH • 609-465-7381

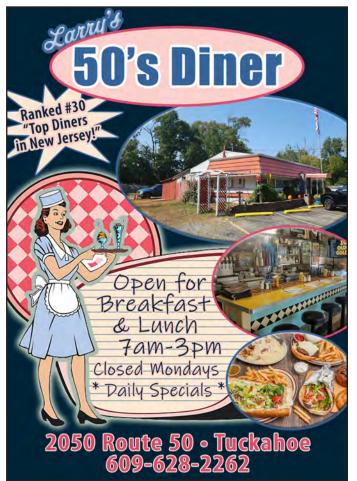
5. King's Discount Tire & RV Center 540 Rte 47 Green Creek • 609-886-3370

6. Brent's Auto Care 302 Fulling mill Rd Villas • 609-854-7998









MOND	AY EV	'ENING	ì								JANU	ARY 27	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	Neighbor	Poppa's	NCIS (N)		NCIS: Orig	ins (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	The Bache	or (N) (SP)	•		Wives (N)	(P)	News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Ladies & G	entlemen	. 50 Years o	of SNL Musi	c (N)		News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Police "Foi	led Again"	Police 24/7	7	Action Nev	vs at 10 (N)	Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Puppy Sch	nool	NOVA		Secrets of	the Dead	NJ Spotl	One on O	Newsline
29-FOX	News (N)	Mike	Extra (N)	TMZ (N)	9-1-1: Lone	e Star (N)	Rescue: H	I-Surf (N)	News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	iia (N)	True Crime	Crime (N)	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	LivePD	LivePD	LivePD
AMC	(4:00) ♀ Pe ı	fect Storm			('99) David	l Morse, Mic	hael Clarke	Duncan, To	m Hanks.		ਝ਼∗∗∗ Wo	rld War Z (13)
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Source	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper36
DISC	Contraban	d: Seized	Contraban	d: Seized	Harpoon H	lunters	Contraban	d: Seized	Contraban	d: Seized	Contraban	d: Seized	Harpoon
DISN		Big City	Big City	Big City	Primos	Primos	Place	Place	Jessie	Jessie		Kiff	Bluey
		TGL Golf					NC State at	t Duke (N) (l	_ive)	Basketball	Iowa State	at Arizona (I	N) (Live)
	ESPN BET			South Caro	lina at Tenn	essee (N)	ESPN Film	s			SportCtr (, , ,	SportCtr
	Bret Baier	· / · /	Ingraham (N) (Live)	Jesse (N) ((Live)	Hannity (N) (Live)	Gutfeld! (N	,	Fox News	` , ` ,	The Five
)		m ('18) Torr	,				uble Tap ('1	,		oieland: Do		,	♥ Venom
HBO	(5:50) ਼ਿ*★★	The Accou	intant ('16) E	Ben Affleck.	C.B. Strike	•	(:05) 9 Buf	faloed ('19)	(P)	(:40) ♀★★★	A Differen	t Man ('24)	
	History's-N	<u> </u>	History's-N	<u>, </u>	History's-N	/lysteries	Mysteries	. , . ,	` '	y's (N) (P)	` ′ •	ries	Mysteries
THE STATE OF THE S	Criminal M		FBI "Under		FBI		FBI "Ambiti		FBI "Scar 7		FBI		FBI
	The Rookie		The Rookie		The Rooki		The Rooki		(:05) The R		(:05) The R		Rookie
-	, , ,,	` ') Justin Timb		₹★★ Immo	(,		· / ··	aranoia ('13			(:40) ♀ Mo c	
	. ,	•		<u> </u>		'	a Flyers (N)		. , . ,	Birds	Fantasy Fo	()	NHLHock.
NICK	·		Sponge Ou		Friends	Friends	Friends		Friends	Friends		Friends	Big Bang
PARMT				Two Men	X	.,	n ('93) Jack			A		en ('95) Jac	
•		•	•	•	Big Bang		0 0	Big Bang					
-	, , ,	<u>'</u>	(60) Paul Ne				oker ('64) Ro		, ,	•	` '		
	, , ,						Basketball		,	, .			Movie
USA	Chicago Fi	re	Chicago P.	D.	뿟★★ F9 TI	he Fast Sag	a ('21) Mich	elle Rodrigu	ez, Vin Dies	el.	₹★★ F9 Th	ne Fast Sag	a ('21)

TUES	DAY E	VENIN	G								JANU	ARY 28	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	FBI "Desce	ent" (N)	FBI: Intern	ational (N)	FBI: Most	Wanted (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Will Trent	(N)	High Poter	ntial (N)	The Rooki	e (N)	News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	St. Denis	Night (N)	Deal or No	(N)	The Irratio	nal (N)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	WWE NXT	(N) (Live)			Action Nev	vs at 10 (N)	Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Porter	(:50) Good	Karma Hos	pital	Recorded	Live	NJ Spotl	Here's	Newsline
29-FOX	News (N)	The Pulse	Extra (N)	TMZ (N)	Nightmare	s (N)	Doc (N)		News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	nia (N)	True Crime	Crime (N)	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	RoadWars	RoadWars	RoadWar
AMC	(4:30) % W	orld War Z	ቻ★★★★ TI	he Shawsha	ank Redem	ption ('94) T	im Robbins.		% ★★★ 300	('06) Lena	Headey, Ge	rard Butler.	
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Sourc	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper36
DISC	Moonshine	ers	Moonshine	ers	Moonshine	ers "Floodwa	ater Runs De	eep" (N)	Harpoon H	unters	Master Dis	tiller	Moonshin
DISN	Bluey	Big City	Big City	Big City	Big City	Big City	Ladybug	Ladybug	ZOMBIES	ZOMBIES	Raven	Raven	Bluey
ESPN	SportsCen	ter	Basketball	Kentucky a	Tennessee	(N) (Live)	Basketball	North Caro	lina at Pittsb	urgh (N)	SportCtr (1	N) (Live)	SportCtr
ESPN2	ESPN BET	Live	College Ba	sketball To	ledo at Ohio	(N) (Live)	College Ba	asketball Ba	ıylor at BYU	(N) (Live)	Basketball	Teams TBA	(N) (Live)
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N)	(Live)	Hannity (N) (Live)	Gutfeld! (N	1)	Fox News	(N) (Live)	The Five
(EX)	(5:30) 👯★★	The Day A	fter Tomorr	ow ('04)	ç∗∗∗ Tran	sformers: T	he Last Kn	ight ('17) Ar	thony Hopki	ns, Mark Wa	ahlberg.	☆ Transform	ners: Last
HBO	(:10) ਼ਿ*★★	Annabelle:	Creation ('1	7)	ਝ਼±±± The	e Florida Pr	oject ('17)		(:55) ਼ਿ*★★★	Tangerine	: ('15)	(:25) 👯★★	Teen Wolf
HIST	Curse of C	ak Island	Curse of O	ak Island	Curse of C	ak Island	Oak Island	I (N)	(:05) Huntir	ng (N) (P)	(:05) Oak Is	sland	Oakisland
ION	Chicago F	ire	Chi. Fire "[Oouble Red"	Chicago F	ire	Chicago F	ire	Chicago Fi	re	Chicago F	ire	Chi. Fire
Œ	The Rooki	е	The Rookie	Э	Married at	First Sight	"The Truth A	Always Com	es Out" (N)	Married	(:05) Marrie	ed-Sight	Married
MAX	(:15) 👯★★	17 Again ('0	9) Zac Efror	١.	₹★★★ The	e Color Pur	ple ('23)		(:20) ५★★	Sisters ('15)) Amy Poehl	er.	Movie
NBCSPA	Birds (N)	A-10Hoops	Birds	The Best S	how Ever?					Birds	Golfer	Soccer Tea	ams TBA
NICK	뜻★★★ Des	spicable Me	2 ('13) Stev	e Carell.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT	Two Men	Two Men	Two Men	Two Men	ç×⋆★ Kir	ngsman: Th	e Secret Se	rvice ('14) C	Colin Firth.		Kingsma	an: The Gol	den Circle
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Joe So	` '		Mod Fam		Mod Fam	
TCM	뿟★★★ Tin	ne After Tim	• ,		**	ny Allegro	` ,		Light ('49) C	eorge Raft.	۶++ A Da	ngerous Pr	ofession
TNT	(4:15) ♀ Bl a	ack Adam	Tip-Off (N)	Basketball	Los Angele	s Lakers at	Philadelphia	76ers (N)	Basketball	Milwaukee	Bucks at Po	rtland Trail E	Blazers (N)
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law-SVU
		•	_	_	•	•		_	•		_	•	

WEDN	IESDA	Y EVE	NING								JANU	ARY 29	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	Price Is Ri	ght (N)	Raid the C	age (N)	Hollywood	I (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Shifting	Abbott (N)	Jeopardy!	(N)	What Wou	ld (N)	News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Chicago F	ire (N)	Chicago M	led (N)	Chicago P	. D . (N)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	All Amer "	Reborn" (N)	Inside NFL	Week 21	Action Nev	ws at 10 (N)	S. Joyner	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Vegan Pop	Table	All Creatur	res Great	Scarlet "Th	ne Guild"	NJ Spotl	Treasures	Newsline
29-FOX	News (N)	ClassH	Extra (N)	TMZ (N)	Special Fo	rces: World	l's Toughes	st Test (N)	News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	iia (N)	True Crime	Crime (N)	FamFeud	FamFeud	Neighbor	Neighbor	Conners
A&E	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	Florida	Florida	Ozark Law	(N)	PDCam	PDCam	PDCam
AMC	(5:00) 뽯★★	★ 300 ('06)		₹★★★ Gla	diator Joaq	uin Phoenix	, Connie Nie	elsen, Russe	Il Crowe.		ਝ਼±⋆⋆ I Ai	n Legend (07)
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Sourc	e (N) (Live)	CNN (N) (L	.ive)	Laura (N) (Live)	Cooper36
DISC	Expedition	Unknown	Expedition	Unknown	Expedition		Expedition	X (N)	Bigfoot (N)	Lost Mons	ter Files	Expeditio
DISN	Bluey	Big City	Big City	Big City	Big City	Big City	Ladybug	Ladybug	ZOMBIES	ZOMBIES	Raven	Raven	Bluey
ESPN	SportsCen	ter	NBA (N)	Basketball	Denver Nu	ggets at Nev	v York Knick	s (N) (Live)	(:05) NBA E	Basketball			
ESPN2	ESPN BET	Live	College Ba	sketball Te	ams TBA (N	l) (Live)	Basketball	Texas at O	le Miss (N) (Live)	Basketball	Teams TBA	(N) (Live)
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N)	(Live)	Hannity (N) (Live)	Gutfeld! (N	1)	Fox News	(N) (Live)	The Five
		` , •	lackman, lar				뿟★★ X-Me	n: The Last	Stand ('06)	Hugh Jackr		਼ਾ*★★ The \	
400.00	C.B. Strike		(:05) ♥★★★	Scott Pilg		` ,	Update	(:45) Updat	e on Our	Update	(:15) 👺★★	The Cable C	• (/
HIST	Pawn Stars	S	Pawn Stars	S	Pawn Star		Pawn Star	s (N)	(:05) Pawn	Stars	(:05) Pawn	Stars	PawnStar
ION	Blue Blood		Blue Blood		Blue Blood		Blue Blood		Blue Blood		Blue Blood		Blue Blood
	The Rookie	е	The Rookie	Э	The Rooki	е	The Rooki	e "Control"	(:05) The R	ookie	(:05) The R	ookie	Rookie
-	Movie		Monster (t Black Man		(/			,		
NBCSPA	Birds (N)	Birds	` ,	Basketball	Sacrament	o Kings at P	•	76ers (N)	Sixers (N)	(Live)	Birds	In. Golf	Basketbal
NICK	(5:00) ₹ Des	spicable M	Thunde	Slimetime	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang
PARMT		Two Men	Two Men			orrest Gum	,	0 /	, ,			Forrest (•
	3	Big Bang	Big Bang	Big Bang		restling: Dy	()	` '	The Joe So				Mod Fam
TCM	(:15) 📯★★ 🛮	Design for I	• ,			Band Wag	,		X	k Stockings	` '		Movie
TNI	Movie			, ,	,	t New Jersey	, ,		, ,			, ,	` '
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	۶×⋆★ Sha	ang-Chi and	the Legen	d of the Ter	n Rings ('21) Simu Liu.	Law & Ord	er: SVU	Law-SVU

THUR	SDAY	EVENI	NG								JANU	ARY 30	, 2025
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS-News	Inside Ed.	ET (N)	Georgie	Ghosts	Matlock "F	riends" (N)	Elsbeth (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Extreme (N	1)	Scamanda	(N) (P)	Perfect Wi	e (N) (P)	News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Law & Ord	er (N)	Law & Ord	er: SVU (N)	Found (N)		News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Mod Fam	Police 24/7	7 (N)	Crime Nati	on (N)	Action Nev	vs at 10 (N)	Big Bang	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Roots "La	Famiglia"	Cities of Li	ight: Rise a	nd Fall		NJ Spotl	State/Arts	Newsline
29-FOX	News (N)	Kelly (N)	Extra (N)	TMZ (N)	Hell's Kitc	hen (N)	Animal	Dutch (N)	News (N)		News (N)	Phantastic	Extra
57-CW	Flip Side	Flip Side	FamFeud	FamFeud	Philadelph	ia (N)	True Crime	Crime (N)	FamFeud	FamFeud	Neighbor	Neighbor	Conners
	The First 4		The First 4		The First 4	8 (N)	Homicide ((N)	Fugitive H	ınters (N)	(:05) The F	irst 48	(:05) First4
AMC	(4:30) 👯★★	⋆ Gladiato	r Russell Cro	owe.	క్ల±★ Shoc	oter ('07) Mic	chael Peña,	Danny Glove	er, Mark Wa	hlberg.	ਉ±±± The	Departed ((106)
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Source	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper36
DISC	Naked-Sol	0	Naked-Sol		Naked and	Afraid "Bas	skets and Bu	ıllet Ants"	Naked and	Afraid	Harpoon H		Afraid
DISN	Bluey	Big City	Big City	Big City	Primos	Primos	Ladybug	Ladybug	ZOMBIES		Jessie	Jessie	Bluey
	SportsCen			Skills (N) (L	,	Basketball			٠,	NHL Hocke	еу		
ESPN2	ESPN BET	Live	Wm. Baske	etball Oklah		() (-)	College Ba	isketball Te	ams TBA (N) (Live)	SportCtr (N) (Live)	SportCtr
FNEWS	Bret Baier	,,,,,	Ingraham (, , ,	Jesse (N) (,	Hannity (N	, ,	Gutfeld! (N	,	Fox News	(The Five
FX	. ,	Bad Boys	•	<u> </u>		•	•	•			r Troopers	` ,	
HBO	, , ,	ur Monster	(, , , ,	,			C.B. Strike		(:05) C.B. S		(:05) C.B. S		Movie
HIST	American		American I			ne Aftermath	. ,	(:35) Swam	,	` '	p "The Afte		Swamp
	Chicago P				Chicago P		Chicago P.		Chicago P.		Chicago P		Chicago
	The Rooki		The Rooki			e "La Fiera"			(:05) The R		(:05) The R		Rookie
MAX	. ,	₹ 50/50 ('11)	'		~	` '		. ,	•	It ('90) Har	ry Anderson	` '	
NBCSPA	()		Basketball		`	, , ,	Birds		how Ever?			A-10Hoops	
NICK	, , ,	★ The Croc		• ,			Friends				Friends	Friends	Big Bang
PARMT	Two Men	Two Men				ngo Unchai	` ,	•					TBA
	3 . 3	3 . 3	•	Big Bang	•	Big Bang	•	•				-Pro ('08) (F	
-	A	Sun Comes	,		A	he French (` '	਼ਾ±⋆⋆ Nig	,	,		Movie
	Movie	,				Cleveland C						. ,	In NBA
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	਼ਾ±⋆★ Amb	ulance ('22)	Yahya Abdı	ul-Mateen II,	, Jake Gyller	haal.	Law & Ord	er: SVU	Law-SVU

Jersey Cape Magazine's CHARACTER Of The Week











LAST WEEK: NO WINNER!

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or email your guess to tvjerseycape@comcast.net - SUBJECT LINE "CHARACTER GUESS"

Each week, all coupons will be put into a drawing.

The winner's name will be printed in our next issue.

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Jersey Cape Character of the Week Contest	
Name:	
Address:	
City/State/Zip:	
Guess for Character: from	





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† A national product testing and research magazine, found American Standard Gas Furnaces' Owner Satisfaction to be [Excellent] [Top Tier] in a 2018 Winter Survey and 2019 Summer Survey of 48,318 gas furnaces, owned by members who purchased a new gas furnace [unit] between 2003 and 2019.



WET FOOD BETTER THAN DRY FOOD FOR YOUR CAT OR DOG?

Submitted By Patsy Nelson from The Wagging Tail

According to the Whole Dog Journal (which is an expert source for all things dog) wet, raw or dehydrated food, is far better than any dry food, even the most expensive.

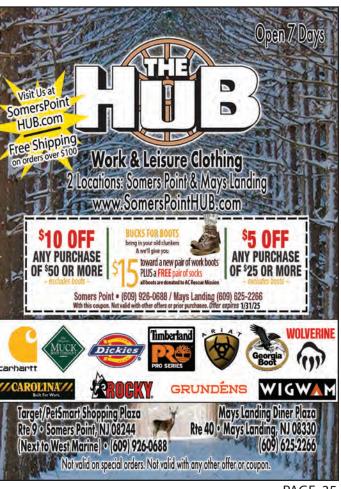
Many vets will push dry food as a way of maintaining good dental health but how many dogs or cats (or humans for that matter), truly spend more than a few seconds masticating their food? Most pets usually inhale their food. Slow feeders have been invented for that reason although the Fromm Company recommends adding cold water to your dog's dry food - as much as the dog can accept - to allow the food to move quickly through the gut for better gut health. Imagine yourself eating a beer pretzel without a beverage! Adding water is not possible if a dog grazes all day as you do not want the kibble to soften which will increase how slowly it makes its way through the intestinal tract. But there may be a reason your dog grazes... boredom with the food.

Many customers have been hesitant to change their dog's diet. I've had much success with dogs that have been found lost, like my Shih Tzu, Rosie, or given up, like Zoey, or foster-turned-rescue, Ebby. If your dog or cat gets lost and then found by someone else, even for a short time, it will be fed whatever that person chooses. Too many pets don't carry identification, and no pet carries medical or feeding instructions. It's truly healthier and more appealing to a cat or dog to alter or mix the proteins that they are given as long as you know that they do not have an allergy problem with a specific protein, like chicken or beef, which have been targeted for that. I am amazed how many of our reputable pet food companies carry canned foods that contain chicken or beef, which leads me to believe that a majority of pets don't have problems with either. Today there are numerous other protein options that pets have not consumed that can be safely added. Kangaroo, goat, guinea fowl, venison, pork, rabbit, fish, among others, can be slowly introduced, although I never slowly introduced anything. I am always trying something new on my cats and dogs and then monitor their stool, or amount of licking or scratching for indications of a problem. Feeding the same protein all the time can result in an allergy to that protein. Adding canned food, or freeze-dried food, can greatly enhance your pet's interest in eating and overall physical health.

Unless your pet eats all of its food at feeding time, it is best not to mix wet and dry food together. I know that Ebby will eat just about anything I give to her. But Zoey is a bit more hesitant. When I add a new can to their nightly meal, I put some in a separate bowl for both so that if they do not take to it, I have not ruined the main dish of gently cooked raw food sprinkled with Dr. Marty's small breed freeze-dried food. Last night Zoey would not touch Evanger's chicken thighs which Ebby gobbled up, despite Zoey having eaten it in the past. I have stopped feeding kibble, although for many who have bigger dogs, the kibble is more affordable, but still better with some canned food and cold water. Don't use warm water as it softens the kibble. As mentioned above, the Fromm Family Foods recommends that your dog should literally drink down its food, the quicker the better, for optimum gut health.

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